



Meet a MEMBER

Member Since
2000

PAM FRETWELL

Emeritus Member
Farm Journal (retired)
Quincy, Illinois

HOBBIES

pickleball, fishing, traveling in a motorhome, cooking over an open fire, grilling

BEST ADVICE RECEIVED

If you are dissatisfied where you are, give it six more months; and then if you still feel the same way, leave and change.

PROUDEST ACHIEVEMENT

serving as NAFB President in 2007

ON MY DESK RIGHT NOW

not much

TOP OF THE BUCKET LIST

visit all 50 states in my motorhome

FAVORITE VACATION SPOT

wherever I'm at today

WHEN I TRAVEL, I ALWAYS TAKE...

my recorder and camera. You never know when you might need it.

WHAT 3 WORDS BEST DESCRIBE NAFB TO YOU?

1. professional
2. informational
3. necessary

FAVORITE QUOTE

For I know the plans I have for you, plans to prosper you and not harm you, plans to give you hope and a future.

CURRENT MUSIC ROTATION

Shania Twain, Reba McEntire

FAVORITE NAFB MEMORY

my President's Dinner where I was roasted by friends

FAVORITE SPORTS TEAM

Kansas City Chiefs



8 SEP 2020